

# Plant Lists of Herbs for Kids

---

## Container Herbs

Basil	Scented geraniums	Chives
Mints	Lemon Balm	Rosemary
Thyme		

## Herbs that attract butterflies and birds

<u>Butterflies</u>	<u>Hummingbirds</u>	<u>Monarch butterflies</u>	<u>Goldfinches</u>
Catmint	Nasturtiums	Bee balm/Bergamot	Purple Coneflower
Dill	Sage	Dill	Sunflowers
Goldenrod	Bee Balm	Verbena	Mexican sunflowers
Horehound	Salvias	Mints	Goldenrod
Lavender	Pineapple sage	Coneflowers	
Nasturtiums	Hummingbird sage		
Thyme	Anise hyssop		
Yarrow	Sunset hyssop		
Marigolds			
Mints			
Rosemary			
Sunflowers			

## Sensory Herbs

**Touch** - lamb's ear, woolly thyme, silver sage, yarrow, coneflowers

**Sight** - marigolds, sage (purple, Russian, and pineapple), verbena, nasturtiums, lady's mantle, angelica, lavender, sunflowers, roses

**Taste** - chives, basil, dill, parsley, cilantro, fennel, nasturtiums, pineapple sage, mints (apple, peppermint, pineapple, spearmint), salad burnet, stevia, oregano, anise, thyme

**Hearing** - Herbs such as sage, nasturtiums, and bee balm attract buzzing bees, chattering birds, and hummingbirds.

**Smell** - lavender, lemon balm, lemon thyme, lemon verbena, roses, scented geraniums, mints (peppermint, pineapple), sages, and anise

## Easy to Start from Seed

Yarrow	Mint	Basil	Marigolds
Chives	Catmint	Nasturtiums	
Lemon balm	Thyme	Dill	

## Contact Information

The Herb Society of America  
9019 Kirtland Chardon Road  
Kirtland, OH 44094  
440.256.0514

[www.herbsociety.org](http://www.herbsociety.org)

Office hours: M-Th, 8:30 a.m. – 5:00 p.m.