# Plant Lists of Herbs for Kids

## Container Herbs
- Basil
- Scented geraniums
- Chives
- Mints
- Lemon Balm
- Rosemary
- Thyme

## Herbs that attract butterflies and birds

<table>
<thead>
<tr>
<th>Butterflies</th>
<th>Hummingbirds</th>
<th>Monarch butterflies</th>
<th>Goldfinches</th>
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<tbody>
<tr>
<td>Catmint</td>
<td>Nasturtiums</td>
<td>Bee balm/Bergamot</td>
<td>Purple Coneflower</td>
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<tr>
<td>Dill</td>
<td>Sage</td>
<td>Dill</td>
<td>Sunflowers</td>
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<tr>
<td>Goldenrod</td>
<td>Bee Balm</td>
<td>Verbena</td>
<td>Mexican sunflowers</td>
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<tr>
<td>Horehound</td>
<td>Salvia</td>
<td>Mints</td>
<td>Goldenrod</td>
</tr>
<tr>
<td>Lavender</td>
<td>Pineapple sage</td>
<td>Hummingbird sage</td>
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<tr>
<td>Nasturtiums</td>
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<tr>
<td>Thyme</td>
<td>Anise hyssop</td>
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<td>Yarrow</td>
<td>Sunset hyssop</td>
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<td>Marigolds</td>
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<td>Mints</td>
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</tbody>
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## Sensory Herbs

**Touch** - lamb’s ear, wooly thyme, silver sage, yarrow, coneflowers

**Sight** - marigolds, sage (purple, Russian, and pineapple), verbena, nasturtiums, lady’s mantle, angelica, lavender, sunflowers, roses

**Taste** - chives, basil, dill, parsley, cilantro, fennel, nasturtiums, pineapple sage, mints (apple, peppermint, pineapple, spearmint), salad burnet, stevia, oregano, anise, thyme

**Hearing** - Herbs such as sage, nasturtiums, and bee balm attract buzzing bees, chattering birds, and hummingbirds.

**Smell** - lavender, lemon balm, lemon thyme, lemon verbena, roses, scented geraniums, mints (peppermint, pineapple), sages, and anise

## Easy to Start from Seed
- Yarrow
- Mint
- Basil
- Marigolds
- Chives
- Catmint
- Nasturtiums
- Lemon balm
- Thyme
- Dill

## Contact Information
The Herb Society of America
9019 Kirtland Chardon Road
Kirtland, OH 44094
440.256.0514
www.herbsociety.org
Office hours: M-Th, 8:30 a.m. – 5:00 p.m.