



HERBAL RECIPES

Confectionary Sugar (optional)

cookies cool, you may sift tops with confectionary sugar.

Bake at 350°F for 14 to 18 minutes. When cookies cool, you may sift tops with confectionary sugar.

Basic Shortbread Cookies
Makes about 2 dozen
Ingredients
1 cup salted butter, or unsalted with $\frac{1}{2}$ teaspoon salt added, at room temperature
 $\frac{2}{3}$ cup sugar
 $\frac{1}{2}$ teaspoon vanilla extract (double vanilla is even better)
2 cups all-purpose flour
 $\frac{1}{2}$ cup jam, for the centers
Confectionary Sugar (optional)

Cream together butter and sugar.
Beat in extract.
Gradually blend in flour $\frac{1}{4}$ cup at a time.
Gather into a ball, cover and refrigerate for an hour.
Using a spoon or a melon baller, scoop out dough roll into one-inch balls, placing one inch apart on parchment covered cookie sheet.
With the end of a wooden spoon, make an indentation in the ball and fill with spicy cranberry jam. Don't overfill and don't break through the bottom of the dough.
Bake at 350°F for 14 to 18 minutes. When cookies cool, you may sift tops with confectionary sugar.

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12 DAYS + 8 NIGHTS

(OF)



Basic Shortbread Cookies Instructions



Almost Empty Jam Jar (Mo)Cocktail

Instructions
8-16 ounces fresh juice
spice cranberry jam with 1 or 2 teaspoons of simple syrup, recipe below
1/4 ounce fresh lemon juice
1/4 ounce fresh lime juice
2 ounces gin or alcohol-free gin, optional
4-6 ounces club soda
Optional: Honey Simple Syrup - keeps for up to one month in the refrigerator

Almost Empty Jam Jar (Mo)Cocktail

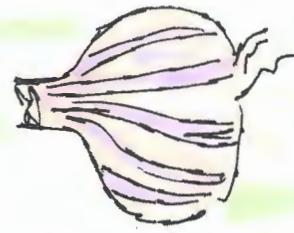
To make simple syrup, combine sugar and water in a small saucepan. Bring to a boil and cook, constantly stirring, until the sugar dissolves. Remove the pan from the heat, add the rosemary, and let steep for several hours. Discard the rosemary. Store in an airtight jar in the fridge.

Fill the jam jar halfway with ice. Add juice, simple syrup and gin if using. Shake well. Top off with club soda and serve with a garnish. Serve in the jam jar if you can spare it!

Jammy Chicken Meatballs

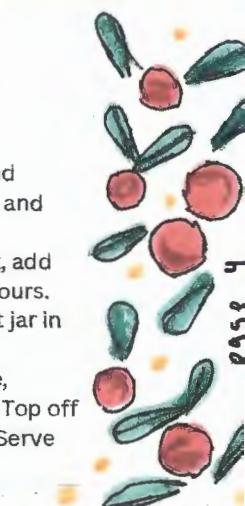
Gently mix all ingredients except olive oil in medium bowl. Don't overmix or meatballs will be tough.

Form into 1-inch diameter meatballs. Cook the meatballs in batches, shaking gently so they brown on all sides. Although they won't be cooked though, transfer each browned batch to a plate.



Jammy Chicken Meatballs

1 pound ground chicken
2 garlic cloves, minced
1 egg, whisked
 $\frac{1}{2}$ cup Panko bread crumbs - more if needed
1 tablespoon of Worcester sauce
 $\frac{1}{2}$ tablespoon each ground rosemary, onion salt and parsley
2 tablespoons fresh parsley
2-3 tablespoons olive oil



3 thumb-sized sprigs fresh rosemary

1 cup sugar

Rosemary Simple Syrup - keeps for up to one month in the refrigerator

Spiced Cranberries or Rosemary Syrup

2 ounces gin or alcohol-free gin, optional

Simple Syrup - keeps for up to one month in the refrigerator

1/4 ounce fresh lime juice

1/4 ounce fresh lemon juice

8-16 ounces club soda

Optional: Honey Simple Syrup - keeps for up to one month in the refrigerator

2 ounces gin or alcohol-free gin, optional

4-6 ounces club soda

Simple Syrup - keeps for up to one month in the refrigerator

3 thumb-sized sprigs fresh rosemary

1/4 ounce fresh lime juice

1/4 ounce fresh lemon juice

2 ounces gin or alcohol-free gin, optional

4-6 ounces club soda

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Leftover Curried Turkey Salad

3 Cups of coarsely chopped leftover turkey
1 rib of finely chopped celery
1/3 Cup finely chopped red onion
1/2 Cup lightly toasted and coarsely chopped pecans
1/3 Cup of dried cranberries, hydrated in water to cover, then drained
1/2 mayonnaise
1 tablespoon Dijon mustard
1 tablespoon of homemade or purchased curry powder
Juice of 1/2 lemon
Salt and pepper to taste

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Leftover Curried Turkey Salad Simple Curry Powder

Blend together
3 tablespoons ground cumin
2 tablespoons ground coriander
2 tablespoons turmeric
1 tablespoon ground ginger
1 tablespoon garlic powder
2 teaspoons cayenne
1 teaspoon celery seed

Leftover Curried Turkey Salad Instructions

Gently toss ingredients together adding additional mayonnaise to preference. Kewpie Mayonnaise carries the subtle curry flavor perfectly, but Hellman's or Dukes works too!

Quick Pickled Leftover Vegetables
Bring the water to a boil in a medium saucepan, then reduce the heat to a simmer and add the garlic. Simmer for 5 to 7 minutes and add the vinegar slightly. Add the vinegar and salt. Bring to a boil and stir until salt dissolves. Remove from heat.

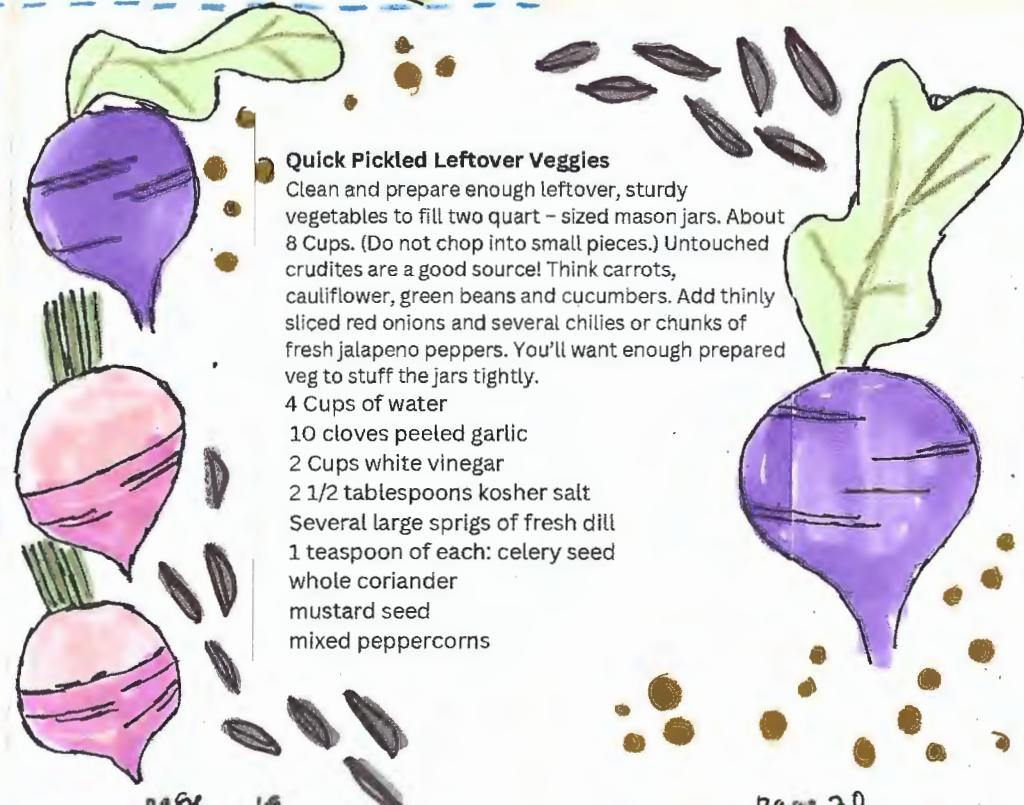
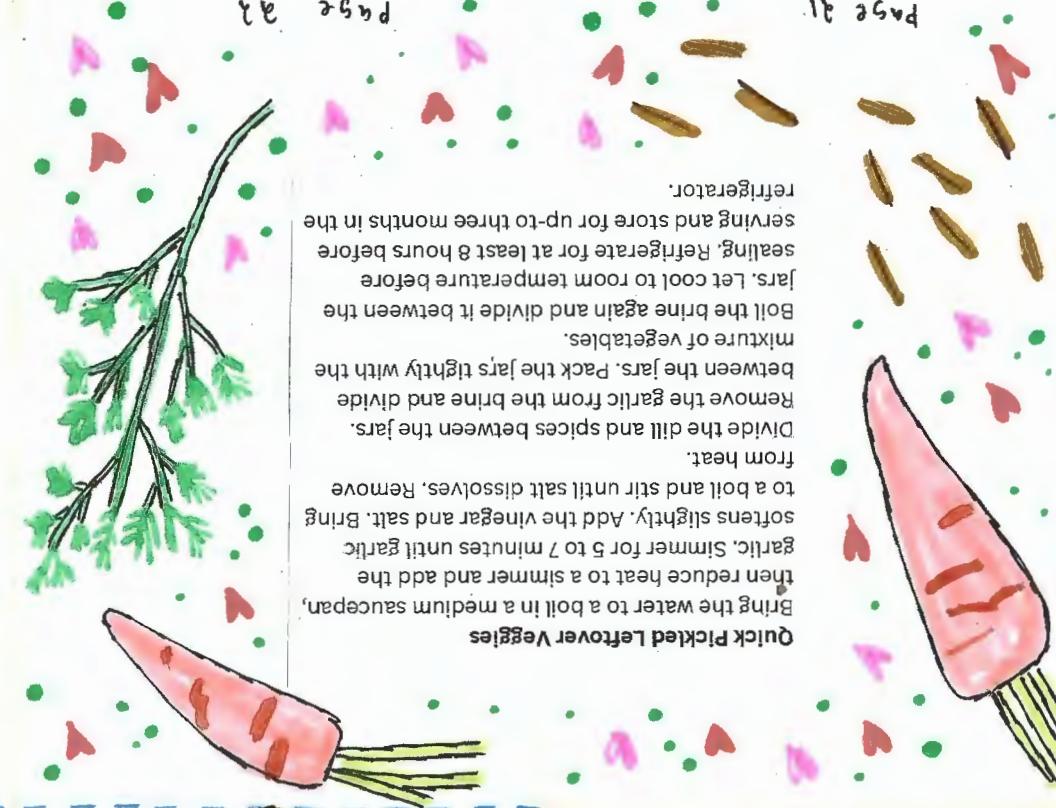
Divide the dill and spices between the jars. Remove the garlic from the brine and divide between the jars. Pack the jars tightly with the mixture of vegetables.

Bolt the brine again and divide it between the jars. Let cool to room temperature before sealing. Refrigerate for at least 8 hours before serving and store for up to three months in the refrigerator.

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Quick Pickled Leftover Veggies

Clean and prepare enough leftover, sturdy vegetables to fill two quart - sized mason jars. About 8 Cups. (Do not chop into small pieces.) Untouched crudites are a good source! Think carrots, cauliflower, green beans and cucumbers. Add thinly sliced red onions and several chilies or chunks of fresh jalapeno peppers. You'll want enough prepared veg to stuff the jars tightly.

4 Cups of water
10 cloves peeled garlic
2 Cups white vinegar
2 1/2 tablespoons kosher salt
Several large sprigs of fresh dill
1 teaspoon of each: celery seed
whole coriander
mustard seed
mixed peppercorns

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